**Application of CoolFit on the Inner Thigh**

**Step 1.** Assess the treatment area while the patient is standing with the untreated leg slightly raised.

**Step 2.** Mark the peak of the bulge and treatment site, using the CoolFit treatment template as needed.

**Step 3.** Place the gelpad over the treatment area, ensuring the peak of the bulge is covered.

**Step 4.** With one hand supporting the leg, place the CoolFit applicator over the treatment area.

**Step 5.** During the treatment, the patient can be seated with the leg slightly bent. A pillow can be used to support the lower leg.

**Step 6.** After treatment, massage the treatment area for 2 minutes.